

# Catalogue of Mental Health Measures

NEWS & UPDATES

## LAUNCH OF THE SOCIOECONOMIC MEASURES ON THE CATALOGUE

The Catalogue now features detailed information about the metrics of socioeconomic circumstances collected at the baseline sweep of all cohort studies. Supported by our collaboration with DATAMIND, this expansion aims to support interdisciplinary research, for example to examine mental health outcomes in light of socioeconomic inequalities.

The measures featured capture information on a wide range of indicators including employment, finances, and housing. Read more about what's included in the new '[Socioeconomic topics](#)' page and look for the house icon 🏠 on study pages to discover the measures by study.

**Mental health measures timeline**

Search sweeps for ...

Birth (1958) | Covid-19 Survey 3

Sweep name: Perinatal Mortality Survey  
Cohort member age: 16th  
Data collection period: January 1958

Physical health measures: Anthropometry, cardiovascular health, diabetes, infant health, obstetric/reproductive and sexual health

Socioeconomic measures: Education, employment, family factors, housing, neighbourhood

[Jump to socioeconomic measures](#)

Topic	Scale	Focus	Informant	Standard instrument
Smoking	Smoking during pregnancy	Mother	Self-report	✗
Treatment and service use	Treatment - in patient	Mother	Self-report	✗

Showing 1 to 2 of 2 entries

**Other measures**

Baseline socioeconomic measures ([click here to learn more about socioeconomic measures](#))

Topic	Scale	Focus	Informant	Standard instrument
Education	Age left school	Mother	Self-report	✗
Employment	Employment history, occupation - past	Mother	Self-report	✗
Employment	Occupation - past, self-employment	Grandfather (mother's side)	Mother	✗
Employment	Occupation, self-employment, self-employment - employees	Mother's husband	Mother	✗
Family factors	Marital status	Mother	Self-report	✗
Housing	Home crowdedness, household structure	Household	Mother	✗
Neighbourhood	Neighbourhood - address	Mother	Self-report	✗

10 entries per page

Genetic data  
 Collected

Physical health measures are detailed in the Mental health measures timeline by sweep of data collection.

**Related themes**

- Covid-19 data collection
- Biomarkers
- Cognitive measures
- Diet and nutrition
- Education
- Sexuality and gender identity
- Housing
- Socioeconomic status and deprivation
- Language and literacy
- Loneliness and social isolation
- Migration and immigration

Physical health assessment  
Political and social attitudes  
Victimisation and life events  
Reproductive health  
Work and employment  
Parenting and family  
Sleep problems  
Social care - receipt  
Social care - provision  
Social care - need

Linkage to administrative data  
 Environmental data  
 Health data  
 Mortality data

**UK Longitudinal Linkage Collaboration**

## NEW STUDIES ON THE CATALOGUE

As part of the ongoing expansion of the platform, we also added two new studies:

- The **Eating Disorders Genetics Initiative (EDGI)** study, aiming to understand genetic and environmental risk factors in individuals who have experienced or have been diagnosed with an eating disorder in the UK
- Born in Bradford's **Age of Wonder**, exploring experiences of students in year groups 8, 9 and 10 living in the Bradford district



## What is the value of considering socioeconomic and mental health measures together?

PALM team's 2026 MSc placement students Daniela Varela Pose and Saachi Virani discuss the rationale and benefits of adding socioeconomic measures on the Catalogue in their blog: **Why socioeconomic measures matter: Expanding the Catalogue of Mental Health Measures.**

Head to the Atlas of Longitudinal Datasets to read the [blog](#).

